

# The Alchemy of Deepening in Self with Shamanic Compassionate Communication



Transform old energetics that bind you to the past

Open and awaken to more of your authentic presence

**Compassionate Communication** connects us with our heart's longings and teaches us to listen and express our deepest truth with care. This inspires authentic mutual connection, compassion and understanding with self and others. When we combine this model with **Shamanic Indigenous Wisdom**, we bring more awareness to our subtler energetic realms and open the door to access more of our Divine Presence.

## You will learn:

- Effective techniques to navigate conflict with more ease
- Empathy as a pathway to deepen in heart connection with self and others
- A system that transforms judgments and blame into understanding and connection
- Tools to rewire your brain with new neural pathways so you can respond with choice instead of habitual reactions and judgments

## Shamanic exercises and ceremony will:

- Transform old pain and etheric cording in a Fire Ceremony
- Deconstruct "loaded" words that hold you in their web
- Free the energy that binds you in your roles, relationships, old patterns, shame etc.
- Support you to step off the Disempowerment Triangle (victim, rescuer, persecutor) into Heart Empowered Living

**This training offers interactive learning with small group activities in a supportive, safe, sacred environment.**

To be part of a circle of people willing to go deep and take their next step toward who they are, **RSVP and pay your deposit by October 3, 2016.**

Facilitator: Kayse Williams, 501-767-8642

For more information, please go to [www.compassionate-connection.com](http://www.compassionate-connection.com), click on Classes and the first tab.

**\$550 per Person (price includes lodging on the lake, meals and transformational journey)**

**November 3-6, 2016**

**Thursday 6 pm to 9 pm**

**Friday 9 am to 8 pm**

**Saturday 9 am to 8 pm**

**Sunday 9 am to 1 pm**